

Title: Evaluation of acute and sub-acute toxicity of selected traditional antiurolithiatic medicinal plant extracts in Wistar albino rats

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Abstract

Introduction: *Achyranthes aspera*, *Chenopodium murale*, *Satureja punctata*, *Rumex abyssinicus* and *Aloe pulcherrima* are traditionally used to treat urolithiasis in Ethiopia. However, there are limited reports on toxicity studies. **Objective:** This study was intended to evaluate the acute and sub-acute toxicity effects of plants. **Materials and Methods:** The crude extracts of *A. aspera* and *C. murale* leaves, *S. punctata* aerial parts, *R. abyssinicus* rhizomes, and *A. Pulcherrima* gel were prepared using 70 % ethanol. In acute toxicity, 125, 500 and 2000 mg/kg were tested in a stepwise manner; whereas 2000 mg/kg administered to female rats using gavage during sub-acute toxicity. On day 14 and 28, blood samples were collected from retro-orbital sinus; liver and kidneys of each animal were collected under anaesthesia. Data were analyzed using one-way ANOVA, Dunnett's comparison test of the Graph Pad Prism. **Results:** No mortality and significant weight loss for all extracts in both toxicity tests. In acute toxicity, *C. murale* extract significantly reduced hemoglobin and platelets ($P < 0.01$) compared with the control. Likewise, *S. punctata* ($P < 0.05$) and *R. abyssinicus* ($P < 0.01$) extracts revealed significant reduction in platelet count. An exposure to *C. murale* and *R. abyssinicus* extracts reduced the concentrations of platelet distribution width and platelet larger cell ratio ($p < 0.05$) during sub-acute toxicity test. The level of creatinine reduced due to *A. aspera* extract administrations ($P < 0.05$). Liver histopathological examinations revealed focal periportal hepatitis following sub-acute toxicity test of *C. murale*. Histopathological studies of liver demonstrated that *R. abyssinicus*, *A. aspera* and *S. punctata* extracts showed mild acute liver injury. *A. pulcherrima* was not associated with any toxicity.

Conclusion: *C. murale* extract showed hematological, and histopathological toxicity profiles in rats. Furthermore, chronic toxicity studies of *A. aspera*, *S. punctata* and *R. abyssinicus* extracts would be beneficial to ensure safety.

Keywords: Acute toxicity, Albino wistar female rats, Antiurolithiatic plant extracts, Sub-acute toxicity

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