

# **DEBREBERHAN UNIVERSITY**

# **COLLEGE OF NATURAL AND COMPUTATIONAL SCINCES**

# **POST GRADUATE STUDIES**

# **DEPARTMENT OF STATISTICS**

# **SURVIVAL ANALYSIS OF TIME TO RECOVERY AND ASSOCIATED FACTORS OF TUBERCULOSIS PATIENTS IN DESSIE COMPREHENSIVE SPECIALISED HOSPITAL, SOUTH WOLLO, ETHIOPIA.**

**By:**

# **HAWULET MEKONNEN**

**A THESIS SUBMITTED TO THE SCHOOL OF POST GRADUATE STUDIES, COLLEGE OF NATURAL AND COMPUTATIONAL SCIENCES IN THE PARTIAL FULFILLMENT OF THE REQUIREMENT FOR THE MASTER OF SCIENCE DEGREE IN BIOSTATISTICS**

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 **JUNE, 2021 DEBRE BERHAN ETHIOPIA**

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**ADVISOR: BEZAREDE M. (ASSI.PROF.) CO-ADVISOR: SINTAYEHU W.(MSc.)**

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# **Declaration**

I declare that the research work presented in this thesis entitled "Survival Analysis of time to recovery and Associated factor of Tuberculosis patients in Dessie Comprehensive Specialised Hospital" has been carried out by me and this work, or part thereof, has not been submitted for the award of any Degree or Diploma of this or any other university.



Date of Submission: \_

This thesis has been submitted for examination with my/our approval as university advisor(s).



# **APPROVAL SHEET DEBRE BERHAN UNIVERSITY COLLEGE OF NATURAL AND COMPUTATIONAL SCIENCES SCHOOL OF GRADUATE STUDIES DEPARTMENT OF STATISTICS**

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**Approved by the board of examiners**



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#### **ACKNOWLEDGMENTS**

<span id="page-4-0"></span>First and foremost, I would like to acknowledge the one and the true God" Allah" for blessing me with the ability and guidance to succeed my MSc study over the past years. This study would never have been completed with out the contribution of many people to whom I would like to express my thinks. My special gratitude goes to my main advisor: Bezarede Mekonnen (ASSI.PROF.) and Co- Advisor:Sentayehu Workineh(MSc.) for their kind support, assistance, valuable comments and advice through the initial to final level, which enable me to develop understanding of the subject. I also extend my sincere gratitude to my instructors, staffs of Statistics Department and friends for their unreserved knowledge sharing and cooperation. My gratitude also goes to Samara University which sponsored my study. Next to this my heartfelt gratitude goes to my Husband, Mr. Kalid Abegaz for his motivation and support throughout the study. Finally, I am highly grateful to all staff members of Dessie Comprehensive Specialized Hospital for their permission and cooperation to provide all relevant information.

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<span id="page-10-0"></span>AFB Acid-Fast Bacilli

# **LIST OF ABBREVIATIONS**



## *ABSTRACT*

<span id="page-11-0"></span>*Tuberculosis is one of the leading causes of mortality worldwide. The recovery time for tuberculosis patients taking different treatments varies among treatment types due to any other factors. The main objective of this study was to identify determinant factors of time to recovery from tuberculosis patients at Dessie comprehensive specialized hospital, south wollo, Ethiopia. It is a hospital based retrospective cohort study among tuberculosis patients under follow up from January 2017 to December 2020. A total of 311 Tuberculosis patients were included in the study. Secondary data was extracted from* patients monitoring card and register book*.* Survival analysis to assess the stated objectives of this study. *Non parametric were used to compare the survival experience of different categories, semi-parametric survival model and AFT models were employed to identify time to recovery of the TB patients. From 311 patients, 130(41.80%) recovered in the follow-up period. The median time to recovery from TB was 270 days which was approximately nine months. Based on AIC, the log logistic accelerated failure time model is better to fit the data than other AFT model. The log-logistics AFT model result shows that the time to recovery of TB patients significantly affected by Age, work area (health facility and non-health facility), disease classification, initial weight, type of TB, WHO clinical TB stage (stage I and II) and HIV status. Covariates like work area, WHO clinical stage, disease classifications and HIV were shorter time to recover and the other covariates Type of TB, age and weight were prolonging time to recovery. I recommended as The ministry of health and policymakers should work on awareness about the risk factor of TB.*

*Keywords: Tuberculosis, log logistic Accelerated failure time, recovery time*

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## **1. INTRODUCTION**

#### <span id="page-12-1"></span>**1.1.Background of the study**

Tuberculosis is chronic infectious disease caused by bacterium, Mycobacterium tuberculosis and Mycobacterium bovines which affects any parts of the body, mostly affects lung (Thacker et al., 2012).It is transmitted from patients with active tuberculosis through airborne droplet and from cattle infected with tuberculosis during raw milk consumption. It can affect any part of the body by which it is categorized as pulmonary and extra-pulmonary tuberculosis based on the organ it involves.

Pulmonary tuberculosis (PTB) is an infectious disease of the lung with airborne transmission that is associated with high morbidity and mortality worldwide and Extra-pulmonary (EPTB): It is the result of the spread of tuberculosis to other organs, most commonly pleura, lymph nodes, spine, joints, genitor-urinary tract, nervous system or abdomen (Silva et al., 2010). It is a disease with well-known risks factors, clinical features, diagnostic techniques and treatment modalities. The diagnostic technique are sputum smear microscopy developed 10 decades ago which detect bacteria from sputum sample, rapid molecular test to diagnose Tuberculosis (TB) and drug resistance TB. Countries with developed laboratory capacity diagnose TB using culture technique which is the current gold standard (WHO, 2015).

Tuberculosis mostly affects adults in their most productive years. However, all age groups are at risk. Over 95% of cases and deaths are in developing countries(WHO, 2020), Tuberculosis attacks the lungs but can affect other parts of the body. It is an air born disease which spread through coughing, sneezing and spitting by infected persons ( Konstantin, 2010).

Tuberculosis (TB) disease remains a major public health problem which affects all age groups globally (Reves and Angelo, 2016). It is one of the top 10 causes of death and the leading cause from a single infectious agent and millions of people continue to fall sick with TB each year (WHO, 2018). In developing countries where population is dense and hygienic standards are poor, tuberculosis remains a major fatal disease. The high frequency of Mycobacterium tuberculosis in Sub-Sahara African countries as a result of poor nutrition, inadequate TB control measures, inadequate program for the disease and rapid growth of the population (Addo et al., 2010) .

Ethiopia is among the top 20 high TB burden countries (WHO,2017), The treatment success rate of TB among 30 high TB burden countries varied from 71% in Congo to 94% in Cambodia, with an 80% success rate in Ethiopia (WHO,2017), Overall, TB is the third cause of hospital admissions and the second cause of death in Ethiopia (Health, 2013).

A study conducted in Gondar, Ethiopia showed that the treatment success rate of tuberculosis patients was unsatisfactorily low and it became a serious public health concern ((Health, 2012). Being male, older age (Shen et al., 2009), smear-negative pulmonary or extra pulmonary tuberculosis and being rural resident was associated with lower treatment success rate ((Health, 2012) Therefore, TB control programs should be strengthened to prevent unnecessary deaths (Shen et al., 2009).Despite significant improvements in the TB treatment outcomes following the introduction of DOTS services in Ethiopia, many regions continue to report a large number of unsuccessful treatment outcomes: in the Amhara region 39.9% (Biruk et al., 2016), in the Tigray region 10.8% (Berhe et al., 2012), in the South region 14.8% (Gebrezgabiher et al., 2016) and in Addis Ababa 9.02% (Getahun et al., 2013). Therefore, there exists a critical need to identify the causes and predictors of unsuccessful TB treatment outcomes in Ethiopia.

According to Amhara regional state health office (ARSHO) report the number of TB cases is high (280 per 100,000 ) while case detection is very low (29%)(Amhara Regional state Health office) (ARSHO,2014).

In Amhara Region DOTS strategy has been introduced since 1996 and its geographic coverage reached 100% of the region in 2009 (Gebreegziabher et al., 2016). Study conducted in India has shown clearly that the prevalence of pulmonary TB disease is significantly higher among males than females (Muvunyi et al., 2010).

Globally, in 2016 there were an estimated 1.3 million TB deaths among HIV negative people and an additional 374,000 deaths among HIV-positive people. An estimated 10.4 million people (90% adults, 65% male, 10% people living with HIV) fell ill with TB in 2016. Regionally, the fastest declines in the TB mortality rate are in the WHO European Region and the WHO Western Pacific Region (six and four point six percent per year, respectively, since 2010). High TB burden countries with rates of decline exceeding six percent per year since 2010 include Ethiopia, the Russian Federation, the United Republic of Tanzania, Viet Nam and Zimbabwe and 98% of TB

deaths are in the developing world affecting mostly young adults in their most productive years most of them are in Africa ( WHO, 2018, Terefe and Gebre wold, 2018). This will be studied by means of real dataset which is collected from tuberculosis (TB) patients in DCSH.

#### <span id="page-14-0"></span>**1.2. Statement of problem**

Tuberculosis (TB) disease remains a major public health problem which affects all age groups globally ( FMOH, 2016). It is one of the top 10 causes of death and the leading cause from a single infectious agent and millions of people continue to fall sick with TB each year ( Floyd et al., 2018)

The global TB report showed that there were an estimated 10 million incident cases and 12 million prevalent cases of TB. Overall 90% of the infection occurred in adults; of this nine percent were people living with HIV (72% in Africa). About 26% of incident TB cases occurred in Africa and 23% of the world's population are estimated to have a latent TB infection, and are thus at risk of developing active TB during lifetime ( Floyd et al., 2018).

Currently, Ethiopia is ranked eighth among the 22 high TB burden countries in the world and at rank three, in Africa. The incidence rate of all forms of TB is estimated at 164 per 100,000 populations, leading to an annual mortality rate of 27.5 per 100,000 population ( FMOH, 2016,Floyd et al., 2018).

A study which was conducted in Dessie city factors associated with treatment delay among newly diagnosed tuberculosis patients in Dessie city and surroundings, Northern Central Ethiopia by ( Abdurrahman Seid and Yeshi Metaferia, 2018). using logistic regression model. since, the logistic regression model is not well suited to survival data for several reasons. According to (Collett, 2003), the survival times are not normally distributed and the censored data are the result of missing values on the dependent variable, but in this study the survival analysis method used to identify the risk factor of time to recovery.

Another study conducted by (Terefe and Gebrewold, 2018) using cox proportional hazard model survival analysis of time to recovery of tuberculosis patients in Mizan Tepi University Teaching Hospital, South-West Ethiopia, It depict the proportional hazard but not the survival time and the important covariate like residence ,WHO clinical stage ,marital status ,disease classification and age were not included. Therefore to fill this research gap the Accelerated failure time model performs better than the proportional hazard model in applications where the effects of treatment are to accelerate or delay the event of interest (Kay and Kinnersley, 2002).

Therefore, this study addressed to answer the following research questions:

- $\triangleright$  What are factors that have significant effect on time to recovery of TB patients?
- $\triangleright$  What is the median recovery time of TB patients for the case of DCSH?

#### <span id="page-15-0"></span>**1.3. Objective of the Study**

## <span id="page-15-1"></span>**1.3.1. General objectives of study**

The general objective of this study is to identify determinant factor of time to recovery of Tuberculosis patients under the follow up January 2017 to December 2020 at DCSH, South Wollo, Ethiopia.

## <span id="page-15-2"></span>**1.3.2. Specific objective of the study**

- $\checkmark$  To identify the factors influencing time to recovery of TB patients.
- $\checkmark$  To select parametric survival models that fit DCSH data.
- $\checkmark$  To estimate the median survival recovery time of Tuberculosis patients.

#### <span id="page-15-3"></span>**1.4. Significance of the Study**

Tuberculosis treatment has the advantage of recovery the patients and indirectly preventing the transmission of the diseases from the patient to the normal persons. This study have great contribution for the patient and the TB professionals for follow up to eradicate the epidemic of the disease. It is also intended to forward doable recommendations to health institutions and policy makers on the way to increase recovery rate of TB patients. The study would be providing baseline data for detail and further studies in the future.

## **2. LITERATURE REVIEW**

#### <span id="page-16-1"></span><span id="page-16-0"></span>**2.1. Definition and general overview of tuberculosis**

Tuberculosis infection occurs when a person carries the tubercle bacilli inside the body but many people infected with tuberculous remain well for many years probable for life (Tizazu and Anteneh, 2006). In these asymptomatic individuals, the only evidence of infection is positive tuberculin skin test ( WHO,2004).

## <span id="page-16-2"></span>**2.1.1. Pulmonary Tuberculosis (PTB)**

A patient with at least two sputum specimens which were positive for AFB by microscopy, or a patient with only one sputum specimen which was positive for AFB by microscopy, and chest radiographic abnormalities consistent with active pulmonary TB smear positive. A patient with symptoms suggestive of TB, with at least two sputum specimens which were negative for AFB by microscopy and with chest radiographic abnormalities consistent with active pulmonary TB or a patient with two sets of at least two sputum specimens taken at least two weeks apart, and which were negative for AFB by microscopy , and radiographic abnormalities consistent with pulmonary TB smear-negative and lack of clinical response to one week of broad spectrum antibiotic therapy ( MOH,2008 ,Teklu, 1993).

## <span id="page-16-3"></span>**2.1.2. Extra- pulmonary Tuberculosis (EPTB)**

This included tuberculosis of organs other than the lungs, such as lymph nodes, abdomen, genitourinary tract, skin, joints and bones, meninges, etc. Diagnosis of EPTB was based on fine needle aspiration cytology or biochemical analyses of cerebrospinal/pleural/ascitic fluid or histopathological examination or strong clinical evidence consistent with active extra-pulmonary tuberculosis, followed by a decision of a clinician to treat with a full course of anti-tuberculosis chemotherapy. In all the cases of EPTB, sputum examinations and chest radiographs were used to investigate the involvement of lung parenchyma ( MOH,2008 ,Belay et al., 2009).

#### <span id="page-17-0"></span>**2.1.3. Survival time**

Tuberculosis is the major public health insult that attribute to 16 people per 100,000 populations. Mortality due to TB 1.7 death per 100,000 populations in WHO American region, which is the lowest of six WHO regions. The figure for European regional average is 3.7 per 100,000 populations ( WHO,2015).

Africa highly affected by TB burden and contribute larger portion of illness and death to the world. WHO African region contain 12% of global population. However, contribute 31% of global TB burden. Moreover; WHO global TB report of 2015 for WHO African region reveal death of 46 individuals per 100,000 populations in the region, which is the highest for all regions (WHO,2015).

A retrospective cohort study conducted Among 1151 of TB patients registered during September 2011 to August 2016 and treated under the DOTS program using Kaplan Meier estimator and Cox PH regression models at MizanTepi University Teaching Hospital, South-West Ethiopia, Ethiopia (75%) were recovered and the rest (25.0%) censored from the study and the median recovery time of the patients was 185 days (6 months and 5 days) but it varies depending on the covariates included in the study. Among TB patients, 1139(99%) were new case patients and 12 (1.0%) were relapse. Among patients, 16 (1.4%) working place were from health facility and 1135 (98.6%) were not from health facility (Terefe and Gebrewold, 2018). People who are infected with HIV are 18 times more likely to develop active TB. The risk of active TB is also greater in persons suffering from other conditions that impair the immune system ( WHO,2020).

A retrospective cross-sectional study conducted by (Assefa, 2019) on pulmonary tuberculosis and associated factors in Dessie referral hospital, Dessie, Ethiopia from September 1,2016 to august 31,2017 using binary logistic regression the prevalence of pulmonary tuberculosis in Dessie referral hospital was 67.5% relative to extra pulmonary tuberculosis the highest pulmonary tuberculosis patients was seen on the age group 31-45 and on sex group male. In addition to this the most pulmonary tuberculosis were HIV positive and lowest numbers of pulmonary TB were worked on health centre rather than non-health centre and most of TB was new case and there was

small number of relapse. weight, work area and HIV were significance associated with pulmonary TB occurrence.

#### <span id="page-18-0"></span>**2.2. Determinant factors for recovery time of tuberculosis**

Majority of study findings claimed that death among TB patients while on treatment is not at random. Similar to survival time and rate of mortality, predictors of death among TB patients vary across six WHO regions in the world. Study conducted (Michael and Bolarinwa, 2020) on Survival Modelling of Tuberculosis Data-A Case Study of Federal Medical Centre, Bida, Nigeria by using Cox-proportional hazards model the result show that the older the TB patient, the lower was the time to recovery from TB. Males had higher hazards and hence, lower survival times compared to females. That is, female TB patients recovered faster than the males. The research concluded that age, gender and occupation were the major determinants of recovery period of TB patients.

Retrospective cohort study conducted by ( Endris et al., 2014) on Treatment Outcome of Tuberculosis Patients at Enfraz Health Centre, Northwest Ethiopia, using logistic regression among 350 Among 417 study participants, 95 (22.8%), 141 (33.8%), and 181 (43.4%) were smearpositive, smear-negative, and extra pulmonary tuberculosis patients, respectively. there was no significantly association between sex, age, residence, type of TB, HIV status, and successful TB treatment outcome.

A study conducted by (Jakperik and Acquaye, 2013) on Assessing the Effects of Prognostic Factors in Recovery of Tuberculosis Patients in the Upper West Region from July 2007 to July 2012 the Product Limit function and Logistic Regression model result show that female patients had more chance of recovery than their male counterparts. Variables that significantly contributed to recovery were age, type of patents, duration of treatment, and HIV status of the patient with A median recovery time of TB was 25.43 weeks.

A retrospective cohort study conducted by ( Geleso,2020) Based on the survival experience of TB patients, advancing age, extra pulmonary TB infection, living in rural residence, lower bodyweight at beginning of treatment, HIV coinfection, and being a retreatment patient were predictors of mortality.

Study conducted by (Woldeamanuel and Mingude, 2018 ) on Factors Associated with Mortality in Tuberculosis Patients at Debre Berhan Referral Hospital, Ethiopia using logistic regression, the result shows the percentage of TB death was also higher among female participants and rural residents and there was no significance association between TB death and age, sex or residence (p>0.05). Studies done in Hawassa city showed that age, weight, smear negative pulmonary TB, dose of anti TB drugs, and HIV status were all factors associated with death of TB patients during the period of DOT ( Debebe and Alemayehu, 2012).

Study conducted by ( Balaky et al., 2019) on Survival analysis of patients with tuberculosis in Erbil, Iraqi Kurdistan region using cox regression model the result show that mean period of the follow-up of the patients was 7.6 months. Of 728 patients with tuberculosis, 50 (6.9%) had died. In multivariate analysis, patients with extra pulmonary disease ( $HR = 2.61$ , 95% CI 1.30–5.27).

**Age: -** As the age of a patient increases the chance of dying during TB treatment also increases ( Biadglegne et al., 2013, Another study also as found from a study conducted in Dembia and Gonder which showed the death rate during TB treatment increased as age of patients increased (Tessema et al., 2011and Beza et al., 2013).similar findings result show that the higher hazards than younger ones, older patients had lower survival times. That is, the older the TB patient, the lower was the time to recovery from TB .The model suggested that recovery hazard of a male TB patient was 24.1% lower than that of a female patient, This implies that male patient had higher survival time than the female (Michael and Bolarinwa, 2020)

**Body weight** : finding show that the higher the body weight the faster the rate of the recover from TB (Terefe and Gebrewold, 2018)

**Residence:** Asebe et al., 2015 studied More TB patients were reported from urban than rural areas because of overcrowding, poverty and HIV infection. In the rural settings, access to the health service is limited; health seeking behaviour is poor and the living condition favour disease transmission. As a result, residential area indicating 98.61% from urban while 1.38% from rural area.

**HIV co-infection**: study conducted by (Beza et al., 2013) in Kolla Diba Health Centre result show that TB/HIV co-infected cases were more likely to die (13.3% vs. 2.0%) than HIV uninfected cases. TB-HIV co-infection has fatal consequences as TB becomes the leading cause of death in HIV infected individuals and patients with acquired immunodeficiency syndrome (AIDS). HIV lowers the host's immune response to MTB. The lifetime risk of developing active TB in HIV infected individuals is 10% per year compared with lifetime risk of 5 - 10% in individuals without HIV. As a result, the TB case notification rate (CNR) has increased four to six fold in sub-Saharan Africa (Shen et al., 2009, Deribew et al., 2009) . Another study result show that TB/HIV coinfected patients have much higher case fatality rate compared to HIV negative patients ( Harries, 2009) . Another finding revealed that the recovery time of TB in HIV/TB co-infection was longer than that of HIV un-infected patients. In the absence of data from clinical trials, it is not known if duration of treatment of TB in HIV infected patients should be longer than in HIV un-infected patients. The few data that exist suggest that in HIV infected patient's duration of treatment for tuberculosis sensitive to first line therapy should be no difference to HIV uninfected patients BHIV, 2014.

A prospective cohort study in Spain reported that the risk of dying for TB/HIV co-infected patients was 7.08 times higher compared to HIV negative TB patients (Caylà et al., 2004). Similarly, another study also revealed that HIV infection had more than 5 times higher risk of mortality compared to HIV uninfected TB patients (Mugusi et al., 2009). Another study show that 86.1% were HIV positive and 13.9% were not (Terefe and Gebrewold, 2018).

#### <span id="page-20-0"></span>**2.2.1. Clinical (treatment) factors**

**Disease classification**: study conducted by(Dioggban, et al., 2013) the Patients' diagnosis with extra pulmonary TB has more risk of treatment failure as compared to those with pulmonary TB. This is because it is very difficult to diagnosis the extra-pulmonary TB, patients have to go through series of laboratory test, ultra-scan and take X-rays to detect the affected area.

**Treatment category**: Among TB patients, 1139(99%) were new case patients and 12 (1.0%) were relapse (Terefe and Gebrewold, 2018). Another study patient who are newly diagnosis with TB have 98.5% chance of being cured than patients with relapse cases (Dioggban et al., 2013).

**Type of TB**: study in southern Ethiopia by (Datiko and Lindtjørn, 2010) type of TB is factors associated with mortality of patients who are on TB treatment. Being SNPTB case increased the risk of death compared to SPPTB and EPTB cases. But a similar study conducted in Addis Ababa presented with EPTB patients were more likely to die during TB treatment rather than SNPTB patients. The proportion of death from SPPTB, SNPTB and EPTB patients was 2.7%, 3.6%, and 4.3% respectively ( Getahun et al., 2011).

Study conducted by (Belete et al., 2013) the mean of treatment success was not significantly affected by gender, age and type of TB. Based on the findings it is recommended to implement frequent supportive supervision during the course of treatment, strengthen referral linkage among facilities, and conduct further research to find out the reasons for the TB patients.

(Asebe et al., 2015) studied the Treatment outcome of Tuberculosis Patients in Gambella Hospital, Southwest Ethiopia by Using Bivariate analyses with a logistic regression model, the total of TB type 905 (78.29%) cases were PTB and 251 (21.71%) were EPTB patients from the study. Another study show that 49.04% of the patients had pulmonary tuberculosis whilst 50.96% had extra pulmonary tuberculosis ( NTP, 2010; Jakperik and Acquaye, 2013. Another study show that patients infected with TB, 19.9% were extra pulmonary and 60.0%)were pulmonary. Extra pulmonary TB patients (21.1%) recovered the disease and Pulmonary TB patients 78.9% recovered the disease. Majority of patients with pulmonary TB recover the disease as compared to Extra Pulmonary TB patients (Terefe and Gebrewold, 2018)

Review of different literature as depicted in the above section, most of the studies listed in the literature used death as their event and the survival time determined based on the time to death of patients. While this study used recovery as the event and the survival time determined based on the time from date of admission to recover. This study therefore, is aimed at assessing the time to recovery among tuberculosis patients.

## **3. METHODOLOGY**

#### <span id="page-22-1"></span><span id="page-22-0"></span>**3.1. Study area**

The study was conducted in Dessie Comprehensive Specialized Hospital, north-eastern Ethiopia. Dessie city administration is found far from Bahir Dar (484 kilometers), which is the capital city of Amhara regional state,and 401 kilometers from Addis Ababa, the capital city of Ethiopia. It sits at a latitude and longitude of 11°8'N39°38E, with an elevation between 2470 and 2550 meters above sea level. The hospital has been given multiple services such as medical, surgical, obstetric, ANC, chronic follow-up, pediatric, orthopedic center service, DM service, ART and follow-up services, etc. According to the 2012 EC (Ethiopian Calendar) populations projection, there are 91870 households in Dessie. The total population of Dessie is 385850 (CSA,2019).

### <span id="page-22-2"></span>**3.2. Study population and Source of data**

All TB patients whose age above five years that have been admitted to DOT program from January 2017 to December 2020 at Dessie comprehensive specialised hospital were included in this study. The secondary data was directly extracted from the international WHO standard log Book which was adopted in 2008 to address the study variables. All the necessary data were collected from the follow up patients monitoring card and register book. Depending on the inclusion criteria stated below, all who fulfilled total of 311 Tuberculosis patients were included in the study. So, it was not much important for using further sample size determination methods. We simply take the total sample of 311 Tuberculosis patients which was recorded in the log-book.

#### **Exclusion and Inclusion Criteria**

The study those Patients who was referred to MDR-TB to other hospital and those who did not had complete history of their treatment in the log book were excluded from the study. The study had been included all TB patients whose age more than five years who had TB diseases record on the log book at Dessie comprehensive specialized hospital were included in the study.

## <span id="page-23-0"></span>**3.3. Variables under the study**

There are two types of variables for any statistical modelling which are known as dependent variable and the independent covariates.

**Response Variable**; The dependent variable of this study is time to recovery of tuberculosis patients, that is the length of time from the start date of taking drugs until the date of recovery. Patients who died, who are lost to follow up, dropped before recovery or transferred to other hospitals are considered as censored.

**Predictor Variables**; The predictor variables are assume to factor that affect recovery time of TB patients includes in the model are the following: -

Table 3.1 Predictor Variables

<span id="page-23-1"></span>Table 3.1. 2 Demographic variables



Table 3.1 4 clinical variables



### <span id="page-24-0"></span>**3.4. Methods of data analysis**

#### <span id="page-24-1"></span>**3.4.1. Survival analysis**

The statistical method called survival analysis is appropriate to assess the stated objectives of this study. Survival analysis is used data in the form of times from a well-defined time origin until the occurrence of some particular event or end point.

A survival time is censored if all is known that is began or ended within some particular interval of time, and thus the total spell length (from admission time to recover) is not known exactly ( Gardiner, 2010). There are generally three reasons why censoring may occur:

A person does not experience the event before the study ends (right censoring), lost to follow-up during the study period (defaulters) and withdraws from the study because of death (if death is not the event of interest).

There are three categories of censoring

**Right censored:** The true observed event is the right of our censoring time. An observation is said to be right censored if it begins at time initial and terminate before the outcome of interest is observed ( Elisa T. Lee & John Wenyu Wang, 2003) used to study response time data. In analysing such data, the main objects are to determine the length of time interval spent in a state and the transition probabilities from the current state to the entered state (Gharibvand and Liu, 2009).

**Left censoring**: Survival time is said to be left censored if an individual develops an event of interest prior to the beginning of the study.

**Interval censoring**: Survival time is said to be interval censored when it is only known that the event of interest occurs within an interval of time but the exact time of its occurrence is not known.

#### **Survival Function**

The survival function is defined as the probability that the survival time is greater or equal to t. S(t) = P(T≥t), t≥0 ---(1)  $S(t)=1-F(t)$ 

#### **Hazard Function**

The hazard function gives the instantaneous failure rate at t given that the individual has survived up to time t, i.e.

h(t) = lim∇t→0P (t≤T< ∇t T ≥t) ∇t ,t≥0 h(t) = () () = −() --(2)

## <span id="page-25-0"></span>**3.4.2. Non parametric survival modelling**

The Kaplan-Meier Estimator is a nonparametric estimator of the survival function which is not based on the actual observed event and censoring times, but rather on the order in which events occur will be applied to estimate the survival probability of the infected patients. This principle of nonparametric estimation of the survival function is to assign probability to and only to uncensored failure times. The log-rank tests are also applied to test the survival function by covariate values (groups).

The log rank test, developed by Mantel and Haenszel, is a non-parametric test for comparing two or more independent survival curves. It involves the calculation of observed and expected frequencies of failures in separate time intervals. Since it is a non-parametric test, no assumptions about the distributional form of the data need to be made. This test is however most powerful when used for non-overlapping survival curves. It can be generalized to accommodate other tests that are equally used sometime in practice such as Generalized Wilcoxon test, Tarone-Ware test, and Peto-Peto Prentice test. Each of these tests uses different weight to adjust for censoring that is often encountered in survival data. The log rank test statistic for comparing two groups is given by:

$$
X_{LR} = \frac{(\sum_{i=1}^{m} c_{1i} - \sum_{i=1}^{m} \hat{e}_{1i})^2}{\sum_{i=1}^{m} \hat{v}(\hat{e}_{1i})}
$$

Where: m is the number of rank ordered event (recover) times,  $c_{ii}$  is the number of people experiencing the event at time  $t_{(i)}$  in Group j,  $n_{ji}$  is the number of people at risk in group j at time t<sub>(i)</sub>, c<sub>i</sub> is the total number experiencing the event in both groups,  $\hat{e}_{ji} = \frac{c_i n_{ji}}{n_i}$  $\frac{n_{\text{th}}}{n_i}$  is the estimated expected number of individuals experiencing the event at  $t_{(i)}$  in group j,

 $\hat{v}_{(\hat{e}_{ji})} = \frac{n_{1i}n_{2i}c_i(n_i-c_i)}{n_i^2(n_i-1)}$  $\frac{n_{2i}^{11}C_1(n_i-1)}{n_1^2(n_i-1)}$  is the estimated variance of  $\hat{e}_{ji}$ ,  $n_i$  is the number of individuals at risk in both groups 1 and 2 just prior to event time  $t_{(i)}$ .

#### <span id="page-26-0"></span>**3.5. Survival Model**

## <span id="page-26-1"></span>**3.5.1. Semi-parametric methods**

A Cox model is a statistical technique for exploring the relationship between the survival time and several explanatory variables. The most commonly used regression model is the Cox-proportional hazard model. With this model the distribution for the baseline hazard function is not specified implies vary with time and that is why it is called a semi-parametric model. The Cox-proportional hazard model is a more general model in modelling the hazard and survival function because it does not place distributional assumptions on the baseline hazard (Prentice,1992). The Cox model was introduced by Cox (1972) is written as:

hi (t⃓x)= h<sup>o</sup> (t)exp (X<sup>i</sup> <sup>t</sup>β) --- (3)

Where, $h_0(t)$  is the baseline hazard function; Xi is a vector of covariates and  $\beta$  is a vector of parameters for fixed effects. The corresponding survival function for Cox-PH model is given by:

S(t,X) = [So(t)] exp{∑ βiX<sup>i</sup> p i=1 } ---(4)

where,  $S_0(t)$  is the baseline survival function.

#### <span id="page-27-0"></span>**3.5.1.1. Methods of Parameter Estimation in cox Model**

The regression coefficients in the proportional hazards Cox model, which are the unknown parameters in the model, can be estimated using the method of maximum likelihood. In Cox proportional hazards model we can estimate the vector of parameters  $\beta$  without having any assumptions about the baseline hazard  $h_0(t)$ .

Consider  $n$  independent individuals, the data that we need for the Cox proportional hazard model is represented by triplet  $(t_i, x_i, \beta_i)$ ,  $i = 1, 2, \dots n$  Where:

 $t_i$  is the survival time for *i*<sup>th</sup> individual.

 $d_i$  is censoring for the *i*<sup>th</sup> individual given by 0 for censored and 1 for event/death.

 $x_i$  is a vector of covariates for individual  $i<sup>th</sup>$  then, the full maximum likelihood is defined as.

$$
L(P) = \prod_{i=1}^{n} h(t_i, x_i, \beta_i)^{\delta_i} S(t_i, x_i, \beta_i)
$$
.................(5)

Where

 $h(t_i, x_i, \beta_i) = h_0(t)(e^{\beta' x_i})$  is the hazard function for individual *i*  $s(t_i, x_i, \beta_i) = S_0(t)(e^{\beta' x_i})$  is the survival function for individual *i* 

When we rewrite the maximum likelihood it becomes

() = ∏ ((ℎ<sup>0</sup> ()(( ′)) 0() ′) =1 --------------------------------------- (6)

Full maximum likelihood requires that we maximize with respect to the unknown parameter of interest,  $\beta$ unspecified baseline hazard and survival functions. This indicates that unless. We explicitly specify the baseline hazard;  $h_0(t)$  we cannot obtain the maximum likelihood estimators for the full likelihood. But, cox in 1972 proposed using an expression he called partial likelihood function that depends on only the parameter of interest.

#### **Partial Likelihood**

The general methodology used for proportional hazards, which cancels out the baseline function, is also used in determining the partial likelihood. To illustrate, the partial likelihood of an even to

occurring at time t for an individual we can be written as: P (individual I has experienced an event at time  $t(i)$  one event at time  $t(i)$ 

$$
L = \frac{h(t, xi)}{\sum_{j=Rt(i)} h(t, xi)} = \frac{h o(t)(e^{\beta Yxi})}{\sum_{j=Rt(i)} h o(t)(e^{\beta Yxi})}
$$

When that there are no tied times assumed, the partial likelihood is defined over all failure time t (i) that  $i=1, 2, m$  & given as

$$
L(\beta) = \prod_{i=1}^m \frac{\beta' x i}{\sum_{j=Rt(i)} (e^{\beta' x j})}
$$

Where the product is over m distinct ordered failure times and *X* (i) denotes the value of the covariate for the subject with ordered survival time **t** (i). The log partial likelihood function is

*L (β)* **=**∏ [ ′ − ∑ ( ′ =() )] =1 --- (8)

We obtain the maximum partial likelihood estimator by differentiating the right hand side of with respect to the component of β, setting the derivative equal to zero and solving for the unknown parameters, Breslow approximation used by different statistical software packages: in this study the Breslow approximation will be used.

#### **The Breslow approximation**

This approximation is proposed by Breslow and Peto to modify the partial likelihood and has the form

() = ∏ ′ ∑ ( ′) =() = -- (9)

Where

 $\checkmark$  C the number of recovery occurred at time  $t_i$ 

 $\checkmark$  **s** the sum of covariates over *Ci* subjects at time  $t_i$ 

Then, the partial log of [10] is given as

$$
LB(\beta) = \prod_{i=1}^{m} [\beta' s i - Ci \ln(\sum_{j=Rt(i)} (e^{\beta' X j}))]
$$
-----  
-----  
-----  
-----  
-----  
-----  
-----  
-----  
-----  
10)

#### **Proportionality assumption of cox PH model**

The basic assumption of Cox PH is proportional hazard which means the hazard ratio is constant over time. To check it the estimated survival curves cross, if they do, then this an evidence that the hazards are not proportional*.* 

#### <span id="page-29-0"></span>**3.5.2. Accelerated Failure Time (AFT)Model**

The Accelerated Failure Time model presents a way to easily describe and interpret survival regression data. It approaches the data differently than the widely used and well described Cox proportional hazard model, by assuming proportional effect of the covariates on the log-failure time rather than on the hazard function. It is an alternative if the proportional hazards assumption does not hold. Denote the survival functions of two groups by  $S_1$  (t) and  $S_2(t)$ , respectively, then the AFT model is given by:

S1 (t) = S2(ϕt) *…………………….…………………………..…………………. (11)*

Where,  $t \ge 0$  and  $\phi$  is acceleration factor. This model implies that rate of group 1 is  $\phi$  times as much as that of group 2. The hazard function of the i<sup>th</sup> individuals at time t of the AFT regression model can be written in the form:

$$
h_i(t) = e^{-\eta_i}h_o(t/e^{\eta_i}))
$$

Where,  $\eta_i = \alpha_1 x_{1i} + \alpha_2 x_{2i} + \dots$ ,  $\alpha_p x_{pi}$  is the linear component of the model, in which  $x_{ji}$  is the value of the jth explanatory variable.  $X_j$ ,  $j = 1, 2...$  p, for the ith individual,  $i = 1, 2,...,n$ . The baseline hazard function  $h_0(t)$  is the hazard of death at time t for an individual for whom the value of the p explanatory variables are all equal to zero.

The corresponding survivor function for the i<sup>th</sup> individual is given by:

$$
S_i(t) = S_o(t/e^{\eta_i})
$$

Where,  $S_0(t)$  is the baseline survival function. Let  $\eta_i = \alpha' x_i$ , then  $e^{-\alpha' x_i}$  is the acceleration factor.

Notice that:

 $e^{-\alpha x_i} > 1$  implies that there is an acceleration of endpoint (recover).

 $e^{-\alpha r x_i}$  < 1 implies that there is a stretching or delay in endpoint(recover).

The log-linear model for a random variable  $T_i$  associated with the lifetime of the i<sup>th</sup> individual study, is given by;

 = + 11 + 22+, … , + + ………………..…………..….( 12)

The survival function of the random variable  $\epsilon_i$  is given by:

$$
S_i(t) = S_{\epsilon_i} \frac{\log t - \mu - \alpha_1 x_{1i} - \alpha_2 x_{2i} - \ldots - \alpha_p x_{pi}}{\delta}
$$

Where,  $\mu$  is intercept,  $\delta$  is scale parameter and  $\epsilon$  is the error distribution assumed to have a particular parametric distribution.

Similarly, the hazard function of the random variable  $\epsilon_i$  is given by:

$$
h_i(t) = \frac{1}{\delta t} h_{\epsilon_i} \left( \frac{\log t - \mu - \alpha_1 x_{1i} - \alpha_2 x_{2i} - \ldots - \alpha_p x_{pi}}{\delta} \right)
$$

Where  $h_{\epsilon_i(\epsilon)}$  is the hazard function of the distribution of  $\epsilon_i$ .

Parametric accelerated failure time models based on Exponential, Weibull, Log-logistic and Lognormal distributions for survival time are the most commonly used.

#### <span id="page-30-0"></span>**3.5.2.1. Exponential Distribution**

The exponential model reflects the property of the distribution appropriately called 'lack of memory. The parameter  $\lambda$  attains all positive values and the distribution with  $\lambda$ =1 is called the unit or standard exponential. Therefore, the following formulae can be derived by some simple algebraic calculations:

Probability density function  $f(x) = \lambda e^{-\lambda x}$ , Survival function  $S(x) = e^{-\lambda x}$ 

Hazard function $\lambda(x) = \lambda$ ,  $\lambda > 0$ , Cumulative hazard function  $\Lambda(x) = \lambda x$ 

Mean 
$$
E(X) = \frac{1}{\lambda}
$$
, Variance  $Var(X) = \frac{1}{\lambda^2}$ .

The model is very sensitive to even a modest variation because it has only one adjustable parameter, the inverse of which is both mean and standard deviation.

#### <span id="page-31-0"></span>**3.5.2.2. Weibull Distribution**

Weibull is a very flexible life distribution model. It has a hazard rate which is monotone increasing, decreasing, or constant. It is the only parametric regression model which has both a proportional hazards representation and an accelerated failure-time representation. The only difference between the Weibull model and the exponential model is that the scale parameter  $\delta$  is estimated rather than being set to be one (Klein & Moeschberger, 2003). When  $T_i$  has a Weibull distribution then the survival function of the  $\epsilon_i$  is given by:

$$
S_{\epsilon_i}(\epsilon) = e^{(-e^{\epsilon})}
$$

Where,  $h_{\epsilon_i(\epsilon)} = e^{\epsilon}$ . The survival function of the random variable  $T_i$  is given by:

() = (− 1 ) --(13)

With  $\lambda_i = e^{ \frac{-\mu - \alpha_1 x_{1i} - \alpha_2 x_{2i} - \dots - \alpha_p x_{pi}}{\delta}}$  $\frac{\lambda_i}{\delta}$  and where  $\lambda_i$  is scale parameter,  $\delta^{-1}$  is shape parameter. The hazard function of  $T_i$  is given by:

ℎ () = 1 ( −−11−22−,…,− )---(14)

#### <span id="page-31-1"></span>**3.5.2.3. Log-Logistic Distribution**

An alternative model to the Weibull distribution is the Log logistic distribution. The Log-logistic distribution has a fairly flexible functional form, it is one of the parametric survival time models in which the hazard rate may be decreasing, increasing, as well as hump-shaped that is it initially increases and then decreases ( David Hosmer, et al., 2012)

When  $T_i$  has a Log-logistic distribution then the survival function of the  $\epsilon_i$  is given by:

 $S_{\epsilon_i(\epsilon)} = \frac{1}{1+\epsilon}$ 1+ e ϵ --(15) Where  $h_{\epsilon_i(\epsilon)} = (1 + e^{-\epsilon})^{-1}$ . The survival function for  $T_i$  is given by:

Si (t) = {1 + e ( logt−μ−α1x1i−α2x2i−,…,− αpxpi δ ) −1 --(16)

The hazard function of  $T_i$  for the i<sup>th</sup> individuals is given by:

hi (t) = 1 δt {1 + [e −( logt−μ−α1x1i−α2x2i−,…,− αpxpi δ ) ]} −1 ---(17)

We can see that the log-logistic distribution has the proportional odds (PO) property. So this model is also a proportional odds model, in which the odds of an individual surviving beyond time t are expressed as

 $S_T(t)$  $\frac{S_T(t)}{1-S_T(t)} = \exp(-\alpha' x) \frac{S_o(t)}{1-S_o(t)}$ 1−() --(18)

## <span id="page-32-0"></span>**3.5.2.4. Log-normal Distribution**

When  $T_i$  has a Log-normal distribution then the survival function of the  $\epsilon_i$  is given by:

Sϵi (ϵ) = 1 − Φ(ϵ)……………..…..……………………….………….(19)

Where,  $h_{\epsilon_i(\epsilon)} = \frac{e^{(-\epsilon^2/2)}}{(1-\Phi(\epsilon))\sqrt{\epsilon}}$  $\frac{e^{(-t/2)}}{(1-\Phi(\epsilon))\sqrt{2\pi}}$ . The survival function of T<sub>i</sub> for the i<sup>th</sup> individuals is given by:  $S_i(t) = 1 - \Phi(\frac{\log t - \eta_i - \mu}{\delta})$ δ ) ……………..…………………………….(20)

Where, with parameters  $\eta_i - \mu$  and  $\delta$ .

#### <span id="page-32-1"></span>**3.6. AFT parameter estimation**

Accelerated failure time models are fitted using maximum likelihood estimation. The likelihood of the n observed survival time  $t_1, t_2, ..., t_n$  is given by:

L(α, μ, δ) =  $\prod_{i=1}^{n} [f_i(t_i)]^{\delta_i} [S_i(t_i)]^{1-\delta_i}$ ----------------------------------(21)

The log likelihood function is then:

$$
\text{logL}(\alpha,\mu,\delta) = \sum_{i=1}^n \{-\delta_i \text{log}(\delta t_i) + \delta_i \text{log} f_{\varepsilon_i}(z_i) + (1-\delta_i) \text{log} S_{\varepsilon_i}(z_i))\}
$$

Where,  $z_i = \frac{\log t - \mu - \alpha_1 x_{1i} - \alpha_2 x_{2i} - \ldots - \alpha_p x_{pi}}{\delta}$  $\delta$ ,  $S_i(t_i) = S_{\epsilon_i}(z_i)$ .

The maximum likelihood is manipulated by Newton-Raphson procedures using software.

## **3.7 Variables selection in the study**

<span id="page-33-0"></span>According to Hosmer and Lemeshow (1998), it is recommend to follow the steps in selecting the variables by:.

1. The first step is to fit model that contain each of the variables one at a time.

2. We begin by fitting a multivariable model containing all variables significant in the univariable analysis at the 20-25 percent level, as well as any other variables not selected with this criterion but judged to be of clinical importance.

3. Use backward selection to eliminate non-significant variables and examine the effect of remaining variables.

4. Fit the final model by omitting variables that are non-significant and adding variables that are significant.

## <span id="page-33-1"></span>**3.8 Model selection**

## <span id="page-33-2"></span>**3.8.1. Akaike's information criterion (AIC)**

For comparing models that are not nested, the Akaike information criterion (AIC) can be used (Akaike, 1974) and it is defined as:- AIC = -2(LL) + 2(k + c) ---------------------------------- (22)

Where LL is log-likelihood, k is the number of covariates in the model and c is number of shape parameters in model.

## <span id="page-33-3"></span>**3.8.2. Bayesian Information Criteria (BIC)**

The Bayesian Information Criteria (BIC) is given by Schwarz ( Schwarz, 1978). It is computed as follows

```
  = −2( − ℎ) + ( + ) ∗ log()---------------------------------------(23)
```
Where P is the number of parameters in the distribution, K is the number of coefficients and  $log(n)$ is the number of observations. The distribution which has the lowest BIC value is considered as best fitted model.

## <span id="page-34-0"></span>**3.9. Model diagnosis**

Model Diagnostics for survival data the evaluation of model adequacy are often based on quantities known as residuals. Residuals for survival data are slightly different than for other types of regression models, due to censoring.

#### <span id="page-34-1"></span>**3.9.1. Assessing the proportional hazards assumption**

The assumptions of Cox-PH model was checked by test of correlation (rho) and global test. The assumption is valid using test correlation (rho) and global test if the test result is insignificant. The graphical methods can be used to check if a parametric distribution fits the observed data.

## <span id="page-34-2"></span>**3.9.2. Model checking in parametric models**

Datwyler and Stucki (2011) represents to use the plots;

- $\triangleright$  log[S(t)] versus t gives approximately a straight line that pass through the origin if exponential distribution is reasonable.
- log[−log[S(t)]] versus log[t] gives approximately a straight line (linear) if Weibull distribution is reasonable.
- $\geq \log[S(t)/1 S(t)]$  versus log(t) is linear if log-logistic distribution is reasonable.

 $\triangleright \phi^{-1}$  [1-S(t)] versus log(t) is linear if log-normal distribution is reasonable.

Where

- S(t) denotes the probability that a randomly selected individual survives from the time origin to sometime t or beyond time t.
- $\bullet$   $\phi(.)$  denotes the standard normal distribution function.

## <span id="page-34-3"></span>**3.9.3. Cox Snell Residual**

The residual that is most widely used in the analysis of survival data is the Cox-Snell residual, so called because it is a particular example of the general definition of residuals given by Cox and Snell ( Cox & Sell 1968; Cox & Oakes, 1984). The Cox-Snell residual for the i<sup>th</sup> individual, i =

1,2, … , , is given by properties and features of residuals, when survival outcome are modelled, have been extensively studied in the literature.

 $S(t:X) = [(S_0 t)]^{\exp(\beta \chi)}$  Or, in terms of hazards: h (t; X)=  $h_0(t) \exp(\beta \chi)$  . so for each person with covariates  $x_i$   $S(t:x_i) = [(S_0 t)]^{\exp(\beta x_i)}$  then we can calculate  $\hat{h}_i = -\log[\hat{S}(T_i; x_i)]$  Or first predict survival probability at the actual survival time for individual, then log-transform it. The residuals in right censored data constitute a censored sample of the unit exponential distribution  $r_{ci}$  =  $\widehat{H_i}(ti^*) = -log \widehat{S}_i(it^*)$ 

Where  $\widehat{H}_l(t^*)$  and  $\widehat{S}_l(t^*)$  are the estimated cumulative hazard and survivor functions respectively, for the i<sup>th</sup> individual at the censored survival time. then the model cox-Snell residual is given by

<span id="page-35-0"></span>′= 1-i+rci --(24)

## **3.10. Operational definition of terms**

When patients are entered to DOTs they categorized to one of the treatment category. According to the national TB/Leprosy control program guideline ( FMOH, 2013). this treatment categories are:-

**New case**: A patient who never had treatment for TB, or has been on TB treatment for less than four weeks.

**Treatment after failure**: A patient who, while on treatment, is smear positive at the end of the fifth month or later, after commencing.

 **Transfer in**: A patient who is transferred-in to continue treatment in a given treatment unit after starting treatment in another treatment unit.

#### <span id="page-35-1"></span>**3.11. Ethical considerations**

Permission to undertake this study is obtained from College of Natural Science through Ethical Review Board and official letter of co-operation is written by Debre Berhan university research Directorate to Dessie Comprehensive Specialized hospital. After the data is collected, Confidentiality of the information and privacy of the center (both the staff and cases from card) is secured.

<span id="page-36-0"></span>

## **4. RESULT AND DISCUSSION**

#### <span id="page-36-1"></span>**4.1 Descriptive results**

Out of 311 registered TB patients 130(41.80%) were recovered and 181(58.20%) were censored during the follow up period. 186 (59.8%) patients were females and 125(40.19%)were males. These patients had a median, mean and standard deviation survival recovery of 9,10.54, 5.01, months respectively. Of 311 TB patients registered for the DOT program 163(52.41%) of the patients were urban area while 148(47.59%) were rural areas. The percentage of patients in WHO clinical stage I, II, III, and IV were 53 (40.77) ,27 (20.77), 36 (27.69) and 14 (10.77) respectively. About 170 (54.66%) of the patients had Pulmonary TB, while 141 (45.34%) were diagnosed with extra-Pulmonary TB. From the total of 311, 141(45.34%) of the TB patients were single while 121 (38.91%) of the TB patients were married, and the remaining 49(15.76%) were divorced/windowed.

From the total of 311, 95(30.55%) of the patients had HIV positive, while 216(69.45%) were had HIV negative. 55(42.31%) of rural residents were recovered from TB during the study while 75(57.69%) of the patients were recovered from the urban patients. The recovery for marital status of single, married and divorced/windowed were 68(52.31%),37(28.46%) and 25(19.23%) respectively. 84 (64.62%) of the patient's health facility were recovered, while 46 (35.38) were non health facility recovered, the recovery for type of TB were 41(31.54%),31 (23.85%) and 58(44.62%) of pulmonary negative, pulmonary positive and extra pulmonary respectively.

			recovery/	
Demography and health factor		total $(\%)$	$event(\%)$	$Censored(\% )$
<b>Sex</b>	Female	186(59.81)	76(58.46)	110(60.77)
	Male	125(40.19)	54(41.54)	71(39.23)
	Rural	148(47.59)	55(42.31)	93 (51.38)
Residence	Urban	163(52.41)	75(57.69)	88 (48.62)
Marital	Single	141(45.34)	68(52.31)	73 (40.33)
status	Married	121(38.91)	37(28.46)	84(46.41)

<span id="page-36-2"></span>Table 4. 1: Time to recovery TB patients in DCSH from 2017-2020GC



As show in below table, the median period TB patients were 9 months. The minimum follows up time was 1 month and the maximum time was 36 months. The average Age and Weight of the patients' in the study were 33 years and 44kgs respectively. The Minimum Age of patients was 5 years and the maximum Age of patient was 89 years. The minimum body Weights of patients were 6.5kgs and maximum body Weights of the patients were 90kgs respectively.

<span id="page-37-0"></span>Table 4 .2 The descriptive statistics of continuous covariates

variable	Total	mean	S. deviation Min. Max. median			
weight	311	44.3828	17.53075 6.5		90	45
Age		311 33.24116	16.39521	$\sim$	89	30
time (in months)		311 10.54341	5.008755		36	

### <span id="page-38-0"></span>**4.2The Kaplan-Meier Estimator**

Survival time distributions of time-to-recovery of TB patients were estimated for each group using KM method. From figure 4.1 below of KM curve, the horizontal axis shows that the time-torecovery from tuberculosis, whereas the vertical axis shows the probability of survival  $p(T > t)$ . At the beginning, the survival curve is increasing, at  $t=0$  S(t) = 1 implies that when the patient are at medium stages they have high probability of recovery whereas at the end the survival curve is decreasing, and implies that the probability of recovery of TB decreases when time increases.



<span id="page-38-1"></span>Figure4. 1 Estimated of survival function of TB patients

Individual graph of kaplan meier :-



<span id="page-38-2"></span>Figure 4.2 the plot of the estimate of Kaplan-Meier survivor function of recovery time of tuberculosis patients in DCSH by HIV status

From the figure 4.2, the HIV negative is more accelerated to recover than HIV positive. we observed that the two survivor curves were the same until the  $5<sup>th</sup>$  months when the curve for the HIV positive started a gradual fall. The curves are distinguishable and serve as a confirmation of the earlier result that there was statistically significant difference in recovery times between HIV

negative and HIV positive patients of TB. However, the other variables like sex, WHO clinical stage, treatment categories and work area see "Appendix 3 A".

#### **Log rank test for survival curves of TB patients**

The log-rank test was used at 5% level of significance to validate the differences in the time to recovery of each factor. There is no difference between the probabilities of an event occurring at any time point was the null hypothesis that has been tested. The corresponding log rank test of equality of the survival curves of covariates is summarized below.

Variables	DF	Chi-square	p-value
Sex	1	1.3091	0.076
<b>Treatment Category</b>	1	22.2618	0.502
Residence	1	28.005	< 0.032
marital status	2	20.321	0.06
Disease classification	1	36.087	< 0.04
type of TB	$\mathcal{D}_{\mathcal{L}}$	38.405	< 0.00
WHO clinical stage	3	29.6486	< 0.00
<b>HIV</b> status	1	15.431	<0.00
work area	1	2.346	< 0.01

<span id="page-39-0"></span>Table 4.3 The log-rank test among the categorical variables of TB data in DCSH

From table of the log-rank test type of TB, HIV status, disease classification, residence, work area and WHO clinical stage have p -value less than alpha value 0.05. This implies that there is difference between the probabilities of an event occurring at any time point of the study time. while sex, treatment category and marital status were not statistically significantly different. Controlling for sex, the log rank test statistic (1.3091, Pr=0.076) showed that there was no significant difference in recovery times for both sexes and controlling for marital status, the log rank test statistics (20.321, pr=0.06) show that there was no significance difference in recovery times for all categories of marital status.

### <span id="page-40-0"></span>**4.3 Inferential statistics**

#### <span id="page-40-1"></span>**4.3.1 Cox Proportional Hazard Model**

#### <span id="page-40-2"></span>**4.3.1.1. Univariable Analysis**

Univariable analysis used to realise effect of covariates on recovery time of tuberculosis patients and to select variables to be included in the multivariable analysis. The result of univariable analysis indicated that age, residence, work area, type of TB, WHO clinical stage, disease classification, HIV status and weight were significant for Cox proportional hazards model at 25% level of significance while treatment category, marital status and sex were not significance ("Appendix 1 A"). Therefore, all significance predictor variables were included in the multivariable analysis

### <span id="page-40-3"></span>**4.3.1.2. Multivariable Analysis**

The multivariable analysis of recovery time of Tuberculosis patients using Cox proportional hazards model was fitted by including all significant covariates in the univariable analysis. Using the backward elimination method to select the final significant covariates age, disease classification, type of TB, HIV status, work area, WHO clinical stage and weight were significant at 5% level of significance in "Appendix 1B".

#### <span id="page-40-4"></span>**4.3.1.3. Assumption checking for Cox proportional hazard model**

While the Goodness of fit testing approach is employed for Cox PH model, The PH assumption was checked by using graphical method and tests based on the Schoenfeld residual.

#### **Test of proportional hazard assumption by schoenfeld residual**

The Schoenfeld residual is one of the methods used to check the PH assumption. In this study the p-value was checked for testing the assumption is fulfilled or not. The global test result in ("Appendix 1C") shows that p-value is significant (p-value=0.0004). This implied that there is evidence to contradict the proportionality assumption. So the proportionality assumption is not fulfilled.

#### **Test of proportional hazard assumption by graphical method**

the graphs for covariates are not parallel, implying that the proportional hazards assumption not satisfied. This also supports the above result that is the PH assumption is violated for this TB dataset ("Appendix 3B"). Thus, the assumption of Cox PH model violate and AFT model consider for this data set.

## <span id="page-41-0"></span>**4.3.2 Accelerated Failure Time Models**

The univariable analyses were fitted for each covariate with a p-value less than 0.25 by using different AFT models such as Exponential, Weibull, Log-logistic and Log-normal distribution. The AFT models show that the covariates like age, residence, weight, disease classification, work area, type of TB, HIV status, and WHO clinical stage are found to be significant with time to recovery of TB patients at 25% level of significance.

For time to recovery of TB data, Multivariable analysis of AFT models were fitted using all significant covariates in univariable analysis. Using the backward elimination method to select the final significant covariates. The covariates such as age, disease classification, type of TB, HIV status, work area, WHO clinical stage and weight were significant in all AFT models at 5% level of significance. The model comparison was done using those significant covariates for each AFT models.

## <span id="page-41-1"></span>**4.3.2.1 Model Selection**

From table 4.4 the value of AIC and BIC for all AFT models are displayed. the smallest AIC and BIC show that the 'best' fit model for data analysis. Then log logistics with accelerated time has smallest AIC value and BIC value. In addition to AIC, the standard error of log logistics AFT model was smaller standard error than the other base line AFT models ("Appendix2 B"). Thus indicates the log-logistic AFT model better to fits the TB patients' data. Therefore, the analysis of this study was performed by using log logistics regression model with AFT.

information	Common base line AFT models			
criteria				Log
	Exponential	Weibull	Log normal	logistics
AIC	504.8937	374.6167	351.105	342,2307
<b>BIC</b>	546.0314	419.4942	395.9825	387.1082

<span id="page-42-1"></span>Table 4.4 Comparisons of AFT models using statistical information criteria

## <span id="page-42-0"></span>**4.3.2.2 Log-logistic Accelerated Failure Time Model**

From table 4.5 below result of multivariable log-logistic AFT model is presented. The accelerated factor greater than one  $(\phi > 1)$  indicates prolong time to recover while the accelerated factor  $(\phi < 1)$ , indicates that they have shortened time to recover as compared to their reference category. Work area, HIV status, disease classification and WHO clinical stage (stage II and III) significantly shorten time-to-recover, but chronic not significantly different than other stages. The estimated acceleration factor of HIV status of TB patients was 0.8586 than the reference (HIV negative). Which indicates that the HIV positive patients decreased by a factor of 0.8586. The estimated acceleration factor for type of TB was 1.115 of pulmonary positive using pulmonary negative as a reference category. This indicates that for pulmonary positive were increased by a factor 1.115 than the reference group (pulmonary negative) when other covariates constant. When the age of the patients increases by one year, the acceleration factor  $(\phi)$  1.017 times prolong time-to-recovery. Based on log logistic model, an acceleration factor  $(\phi)$  of patients extra pulmonary was 1.129 times prolong time to recovery than the reference group (pulmonary) meaning that extra pulmonary have 12.9% higher length of time to recovery than pulmonary TB (reference). When initial weight of the patients increased by one unit, the acceleration factor  $(\phi)$  1.055 times prolong time-to-recovery. Table 4. 5 Result of multi variable analysis of Log Logistic AFT model

<span id="page-42-2"></span>



95% CI =confidence interval for acceleration factor; SE: standard error. Ref: reference

## <span id="page-43-0"></span>**4.4. Model Diagnostics**

After fitting the model, we should check the goodness of fit of the model whether it fits the data well or not. We use both the formal (global test of BETA=0) likelihood ratio test and the most common graphical method, (cox Snell) of checking the goodness of fit of the final selected model.

#### <span id="page-43-1"></span>**4.4.1. The Cox Snell Residual Plots**

As shown in the figure 4.5 bellow, The Cox Snell residual plot, From the graph we can observe that the cumulative hazard function follows the  $45^0$  line except for large values of time. Therefore, we can conclude that the final log-logistics AFT model fits the data very well.



<span id="page-44-3"></span>Figure 4. 3 Cumulative hazard plot of the Cox-Snell residual for log-logistic AFT model

## <span id="page-44-0"></span>**4.4.2. Likelihood Ratio Test for log-logistic AFT Model**

From table 4.6, the likelihood ratio test at 10 degree of freedom is 22.05 and the p- value is 0.0148, the likelihood value of the full model and null model were -159.1153 and -170.1419 respectively. Thus, imply that the model fits the data very well.

<span id="page-44-2"></span>Table 4. 6 The likelihood ratio test for the log-logistic AFT model

Loglike (model)	Loglike (intercept only)	$\sim$ $\sim$	df	p-value
$-159.1153$	$-170.1419$	22.05	10	0.0148

#### <span id="page-44-1"></span>**4.5. DISCUSSION**

The aim of the study was to identify determinant factors of time to recovery of Tuberculosis patients under the follow up January 2017 to December 2020 at DCSH, South Wollo, Ethiopia. The Cox-PH model was first used for this data. But the assumption of proportionality in Cox-PH model was violated, the AFT models with common baseline distribution: Exponential, Weibull, Log-logistic and Log-normal were considered. To compare different AFT models AIC and BIC was used and log-logistic AFT model is found to be the 'best' fit for the time to recovery of TB patient's data than others. The multivariable analysis using the log-logistic analysis showed age, disease classification, work area, type of TB, WHO clinical stage, HIV Status and weight were significantly affect the time to recovery of TB infected patients.

The estimated acceleration factors of HIV status having HIV positive is 0.86 with 95%CI [0.7430 0.9921] which indicates that HIV positive have shorter survival time to recovery than that of HIV negative (reference category). Which is in line with Caylà et al., 2004 and Mugusi et al., 2009. Finding in Kola Diba Health Centre by Beza et al., 2013 result show that TB/HIV co-infected cases were more likely to die (13.3% vs. 2.0%) than HIV uninfected cases. TB-HIV co-infection has fatal consequences as TB becomes the leading cause of death in HIV infected individuals and patients with acquired immunodeficiency syndrome (AIDS). People who are infected with HIV are 18 times more likely to develop active TB WHO,2020. Which is consistent with this finding. Since, death and recovery are controversial.

The finding of the study shows that 41.80% were recovered and the rest 58.20% were censored and the median time to recovery of the patients was 270 days (nine months). which is contradict with study in South-West Ethiopia by Terefe and Gebrewold, 2018 the result revealed that (75%) were recovered and the rest (25.0%) censored from the study. Their difference may be due to different pattern of TB distribution with different study duration.

The finding of the study Patients diagnosed with extra pulmonary TB decreased by 0.12 times for recovery time as compared to those with pulmonary TB holding the effect of all covariates constant. The study result shows that, the Extra-pulmonary TB needs shorten time to recovery than pulmonary TB WHO, 2013. It needs an experience doctor to confirm and at times involve the use of an X-rays imaging or scans and tuberculin skin test among others Konstantinos, 2010. Another study conducted in Addis Ababa presented with EPTB patients were more likely to die during TB treatment rather than SNPTB patients. The proportion of death from SPPTB, SNPTB and EPTB patients was 2.7%, 3.6%, and 4.3% respectively Getahun et al., 2011.which is consistent with this finding.

The finding show that 105 (33.76%) work area were non health facility and 206(66.24%) were health facility. Which is contradict with the study done in Terefe and Gebrewold, 2018. The reason of the study finding may be due to different pattern of TB distribution with different places. The acceleration factor of work area is 0.8886 meaning that non health facility have 88% decreased length of time to recovery from TB patients than the health facility (reference).

The finding of study the acceleration factor of age is 1.017, this indicates the age of the patient increase the time to recovery from TB is increase. Which is contradict to Debebe and Alemayehu, 2012, Michael and Bolarinwa, 2020, Tessema et al., 2011 and Beza et al., 2013 The difference of the study may be the mean age of this study is 33 years. This indicates that they have the disease at an early age, so they often have no difficulty to recovery. Most papers reported that TB attacks adults than children because of the more contacts and it mode of transmission.

In this study shows that 55% of the respondents had pulmonary TB while 45% of the respondents had extra pulmonary tuberculosis. The result is in line with Assefa,2019, Balaky et al.,2019 and Endris et al., 2014 that proves 19.9% were extra pulmonary and 60.0% were pulmonary and Extra pulmonary TB patients 21.1% recovered the disease and Pulmonary TB patients 78.9% recovered the disease.

In this study initial weight increased by one unit had a 1.055 times higher rate of recovery. This finding is consistent with a study from Mizan Tapi University by Terefe and Gebrewold, 2018 revealed that higher the body weight the faster the rate of the recover from tuberculosis.

# <span id="page-47-0"></span>**5 CONCLUSION AND RECOMMENDATION**

## <span id="page-47-1"></span>**5.1. CONCLUSION**

From the result of AIC and BIC the log logistic AFT model provided a suitable choice in order to model time of recovery from TB data obtained from Dessie comprehensive Specialized Hospital as compared to other base line AFT models. The median time to recovery from TB was 270 days which was approximately nine months. Age of patent, initial weight, HIV status, WHO clinical stage, disease classification, work area and types of TB are significant factors for time recovery from tuberculosis. The Kaplan-Meier method was used to estimate the time to recovery of patients after beginning of TB treatment. The Log Rank test shown that initial weight, disease classification, type of TB, WHO clinical stage of TB, residence, age, HIV status and work area had significantly contributed effect on recovery time of TB patients. However, sex of the patients, marital status and treatment categories of the patient have insignificant difference for recovery time of tuberculosis patients.

Recovery rate of pulmonary positive patients prolong time to recovery than pulmonary negative patients. Similarly, the recovery rate of extra pulmonary patients prolong time to recovery than the reference (pulmonary negative). The recovery rate of non-health facility patients were shorten time to recovery than health facility of TB patients (reference). The recovery rate of patients under WHO clinical stage (II and III) is short time to recover as WHO clinical stage 1 reference.

## **5.2. RECOMMENDATION**

<span id="page-47-2"></span>Based on the finding of the study, we recommended as follows; -

- $\triangleright$  The policy makers and health service providers should give special treatment for HIV positive patients, since they shorten time to recovery.
- $\triangleright$  For governmental and non-governmental organization responsible should be give attention for health facility in order to reduce death timing of TB patients and enough martials to treatment.

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## <span id="page-54-0"></span>**APPENDICES**

#### **Appendix 1**

A) univariable analysis of cox proportional model at 25% level of significance





Ref; reference

## **B) multivariable cox proportional hazard result at 5% level of significance**





## **C) Test of proportional-hazards assumption by sechonefeld residual**



## **Appendix 2**



## **A) Univariable log logistics AFT Model at 25% level of significance**



Ref; reference

## **B) Multivariable AFT model at 5% level of significance**

Distributions





Ref; reference

#### **Appendix 3**

#### A**) the plot of the estimate of Kaplan-Meier survivor function with different covariates**.

plot of WHO clinical stage plot of treatment category



plot of sex



#### **B) PH assumption by graphical**

